

YOU'RE INVITED

Building a Culture of Health and Safety

We welcome you to this half day seminar on “Building a Culture of Health and Safety” presented by UBC Okanagan, Andrew Peller Limited and WorkSafeBC.

The benefits of a positive workplace culture can't be ignored. This workshop provides safety professionals, human resource professionals, supervisors, management leaders and others with basic principles to help you engage your organization in building a culture of health and safety. Join our accomplished community speakers Graham Lowe and Tracey Hawthorn as they share their insights and perspectives on achieving safer, healthier and more productive workplaces.



“Make Safety a Habit” and participate with us in North American Occupational Safety and Health (NAOSH) Week 2017. NAOSH week is May 7-13.

ANDREW PELLER
— LIMITED —

WORK SAFE BC

Date: Friday May 12th, 2017

Time: 8:00am – 11:30am

Location: UBC Okanagan University Centre (UNC) Room 200

Cost: No Charge - Registration Required

<http://www.riskmanagement.ok.ubc.ca/registration>



NORTH AMERICAN OCCUPATIONAL

Safety and Health Week

naosh.ca

AGENDA

Time	Speaker	Discussion Topic
8:00am to 8:30am	Registration, Coffee and Tea	
8:30am to 8:45am	Introductions	<p>Mike McGinty, Associate Director, Risk Management and Security Services, UBC Okanagan</p> <p>Paul Davis, CRSP, Senior Regional Officer, Okanagan Kootenay Region, WorkSafeBC</p>
8:45am to 10:00am	Graham Lowe	<p>Guiding principles for a healthy and safe workplace culture.</p> <p>The journey to a truly healthy and safe workplace starts with a simple question: “How do we embed health and safety goals into everything we do in this organization?” Just as successful hospitals, manufacturers, hotels, IT companies and many others design quality into every step in their business process, the same logic applies to health and safety. It has to be designed into all parts of the organization, starting with its culture. This presentation sets out the basic principles that can guide any organization further down the path to a culture that promotes health and safety. Four principles provide useful guides to action: 1) find ways to integrate health and safety policies, practices and goals; 2) take an evidence-based approach, both in terms of tapping into your own data as well as what research tells us are ‘effective’ practices; 3) lead from the top, middle and bottom of the organization; and 4) clearly link health and safety to the organization’s strategic goals.</p>
10:00am to 10:15am	Break	
10:15am to 11:15am	Tracey Hawthorn	<p>Wellbeing</p> <p>At UBC, wellbeing is a deeply held value. It is a priority that helps guide our daily interactions, decisions, and policy planning and program development. It is an essential building block to achieving our full potential in teaching, learning, research and engagement. We have identified these five priority areas to promote health and wellbeing: 1) Mental Health & Resilience; 2) Increase in Physical Activity and Decreasing Sedentary Behaviour; 3) Food & Nutrition; 4) Built and Natural Environments; 5) Social Inclusion & Connection. In this presentation, you will learn about the experiences I have had at UBC Okanagan as the Wellbeing Coordinator with a focus on strategies for putting the program into place, as well as our pillars and successes.</p>
11:15am to 11:30am	Wrap Up	



Speaker Biographies

Speaker

Graham Lowe
President, Graham Lowe Group Inc.

Graham Lowe is president of The Graham Lowe Group Inc., a workplace consulting and research firm. He also is a professor emeritus at the University of Alberta, where he had a distinguished academic career. Graham has three decades of organizational, labour market, and employment policy consulting experience. He is the author of several books, including *Creating Healthy Organizations: How Vibrant Workplaces Inspire Employees to Achieve Sustainable Success*. (www.creatinghealthyorganizations.ca). His latest book, with Frank Graves, has just been published and is entitled *Re-designing Work, A Blueprint for Canada's Future Well-Being and Prosperity*. (www.redesigningwork.ca). Graham has given hundreds of conference talks and workshops across Canada and internationally. He is a recipient of the Canadian Workplace Wellness Pioneer Award and holds a PhD in Sociology from the University of Toronto.

Tracey Hawthorn
Work Re-Integration and
Accommodation & Wellbeing
Coordinator, UBC Okanagan

Tracey holds degrees in Kinesiology and Physiotherapy. She is currently the Work Re-Integration and Accommodation Program & Wellbeing Coordinator on UBC's Okanagan Campus and focuses on disability prevention/management and the promotion of a healthier workplace. She is currently the Wellbeing lead for staff, faculty and student health on the Okanagan Campus. She is the lead for a Community of Practice Group for Psychological Health and Safety within Canadian Universities and Colleges. She also leads an Employer's Community of Practice Group on Psychological Safety and Health in the Workplace. She participates in a Community of Practice on Work-Life Balance for Universities in Canada and the United States. She is the chair and facilitator for the WRAP Advisory Health Advisory, Thrive and the Mental Health Network on campus. Her work on mental health in the workplace has led to one local and two national awards.



Venue Information

Location of UBC's Okanagan Campus:

The UBC Okanagan Campus is located north of Kelowna.

Campus can be accessed via John Hindle Drive if approaching from the south (i.e. Kelowna) or via University Way if approaching from the north.

Parking Information:

Visitors to campus may park in either metered visitor stalls or day pass dispenser lots.

Metered stalls are located in lots F and G. Meters accept coins only at a rate of \$1.25 per hour up to a maximum of 2 hours.

Dispensers are available in lots F, H and M all day. Rates are \$5-6 for 3 hours and \$6-8 for one day. Dispensers accept coins, Visa and MasterCard.

Accessible parking is available for visitors who have a valid SPARC or Disabled Parking pass. Accessible stalls are located in designated metered parking stalls by Lots F, G & M. The meter must be compensated to show valid parking time or a violation ticket may be issued.

Please note that Lot E will be closed for summer construction.

